

# SPRING BREAK TRAINING 2012

**Who:**

- All interested high school rowers

**Where:**

- R.M. Cooper 4-H Leadership Center  
Summerton, South Carolina  
(803) 460-3233

**When:**

- Spring Break – April 5, 2012 through April 14, 2012
- Leave Friday - April 5, 2012 at 7:00 p.m. from the Boathouse Parking Lot
- Return Saturday - April 14, 2012 at the Boathouse Parking Lot at approximately 8:00 a.m.

**What:**

- Warm weather training 4-6 hours daily
- Videos of individual techniques with coaches critique
- Team building activities
- Great food
- Direct luxury bus transportation
- Beach Day
- See Charleston SC
- HAVE FUN– ROW-EAT- SLEEP

**Cost:** Total cost \$560 per rower (based on adequate interest).

Registration intent forms due no later than 3/9/2012

\$250 deposit and online registration are due by 3/21/2012

Final payment is due by 4/2/11

**FOR MORE INFORMATION CONTACT:**

Mike Meier

Phone: 369-7868

Email: [headcoach@burnthillsrowing.com](mailto:headcoach@burnthillsrowing.com)

If a rower is interested in attending and would need a payment plan, please contact Pam Berry, Treasurer, and arrangements can be made.